

# Practical Research on Teaching Quality Management in Physical Education Colleges under the Background of 2016 Talents Training Program

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**Abstract.** Talent training program is the concrete and practical form of talent training objectives and specifications in colleges. It embodies the idea of education and the concept of running a college, and it is the overall implementation blueprint and fundamental guiding document of talent training in a college. Combining with the national standards of the Ministry of Education, Physical Education Colleges have formulated the 2016 talents training program. This paper highlights and analyzes the changes of talents training program of 2016 through the methods of literature review and discussion survey. It points out the practical problems encountered in the implementation of the new scheme and provides practical and feasible strategies for specific problems. Thus, it provides ideas and basis for the formulation and implementation of the talents training program of 2020, as well as provides basic guarantee for the training of high-quality sports talents.

## 1. Introduction

The basic task of institutions of higher learning is to cultivate talents, undergraduate education is the basis and the main body of higher education, pays special attention to the key is to improve the education quality of teaching of undergraduate course teaching and the key, and the teaching quality management is an important guarantee for the achievement of undergraduate talents training target. 2018 xi delivered an important speech on national education conference, in order to improve the quality of education, office of the people's satisfactory education, must deepen the reform of education system, strict management of undergraduate course teaching, the ministry of education has issued documents in time, reasonable to undergraduate course education "loading", eliminate "water class", "gold", promote reasonable academic challenge degree; Strict examination discipline, pass of graduation exports, resolutely cancel "exam" system. Inner Mongolia normal university attaches great importance to undergraduate teaching quality management, strengthening quality management to improve the quality of undergraduate teaching of undergraduate course teaching has the vital significance, the essence of teaching management is to perform the teaching procedures, the whole process of teaching management, coordination and service, monitoring, and make the teaching work organized and carried out in a planned way, to ensure the quality of teaching. The teaching quality management is the purpose of through science, specification, reasonable teaching management system to ensure to achieve the goals of talents cultivation. According to the sports institute in 2016 and 2014 the old version of sports teaching Education, social sports guidance and management, sports training the analysis of the three professional talent training scheme from talent training thinking concept, this paper analyzed in terms of curriculum, students' practical ability training, training target, etc., to find out during the implementation of the new scheme needs to solve the problems related to the quality of teaching and practice of countermeasures.

Sports college sports education professional, social sports professional guidance and management, sports training from 2014 to 2016 a year on average recruit students 230 people, including free normal student enrollment in 2017 reached 311, 2018, 320 people, visible in the 2014-2016 on the basis of enrollment increased almost 35% in 2014-2016 grade three professional each grade, there are six basic classes, three professional each grade in grade 2017 and 2018 to 10 classes, increased by 67%. With the increase in the number of recruitment of students scale sports

institute, institute of sports field Equipment condition is limited, how to solve the existing conditions in the 2016 edition of talents cultivation quality problems in the process of imminent, the teaching management staff actively carried on the discussion and summary is imperative. Based on 2016 version of the talent training scheme, a lot of differences in analysis of old and new plan, ahead of targeted planning and design, in the process of implementing the new training scheme, find problems in the teaching quality management, take active research and argumentation, find the solution way to reasonable and effective, to contribute to the development of college teaching quality. In the sports college teaching quality management practice In view of the specific practical problems encountered in the class of 2017, involving track and field and gymnastics supplementary courses, physical education college students physique test procedures and methods, high-level sports team teaching management, student internship and graduation thesis practice management, free normal university students training and management issues.

## **2. The research methods**

### **2.1. Literature review**

Through the library of Inner Mongolia normal university to consult books on teaching management, through the China knowledge network to search the relevant papers, access to the 2014 edition and 2016 edition of sports college talent training program, and to collect the research data for further summary.

### **2.2. Symposium method**

The discussion focused on the difficulties and solutions encountered in the implementation of talent training programs, involving some teachers in the teaching and research office of track and field, department heads of three majors, members of the teaching committee and vice dean of teaching.

## **3. Practice and analysis of the talent training program of 2016 edition of physical education college of Inner Mongolia normal university**

Sports college teaching quality management should be closely contact with the actual situation of the students at present stage, relying on the 2016 version of the talent training scheme of training target, from the perspective of the new problems in the teaching process, actively explore new methods suitable for sports college teaching quality management, adhere to the "take the student as the main body, dominated by teachers to teaching as the center" the management principle of Inner Mongolia normal university sports college teaching quality management practice carries on the discussion and research, to improve teaching efficiency and effectiveness of quality management and really push sports college teaching quality management level improved steadily.

### **3.1. Practice and analysis of the newly added and decreased courses in the new talent training program**

2016 edition of the talent training scheme is combined with the latest national standards, in combination with the professional practical cases, careful reasoning scheme, in terms of public courses, in order to encourage students to one's deceased father grind, education and social sports guidance and management, professional compulsory courses of English preparation stage, according to the graduate students' practical applicability is not strong feedback computer programming, to cancel the basic computer (2) in terms of professional courses, according to the national standard part of the course on the course name, school, the credits and curriculum nature of reasonable adjustment, the three major new freshman seminar, is the university classroom to learn the first lesson, will practice at the same time Teaching system of practice into professional practice, professional practice, graduation practice and specialized study, for internship is really decided targeted, another bright spot is that increased the specific skill testing course, the purpose is to strengthen the professional sports college students basic qualities and improve the special skills. Social sports professional new basketball, track and field, gymnastics and other practical courses, the goal is to make the students master more sports practice experience, is conducive to the future of

social sports management and guide practice, professional core courses to increase sports marketing course, fundamentally, in line with training guide, organization and management of applied sports talents Goal. Professional sports education professional is the national characteristics, cultivating qualified physical education teachers to adapt to the era development, the new personnel training scheme to strengthen the sports teacher education and professional courses, in order to make students better grasp the sports theory, opened the course theory to improve the system master sports theory of knowledge is bound to one's deceased father grind students difficulties have certain help. Sports training according to the national standard to start the motor skill learning and control on courses, is advantageous to the sports theory knowledge system. Due to the adjustment and revision of the new scheme of time lag, according to the guiding ideology, specified in the panel to make sure every semester to complete a new major In the past two semesters, technical courses and a professional theory course have been set up respectively, such as basketball, track and field, gymnastics, learning and control of sports skills, introduction to sports, etc., and the teaching has been carried out orderly.

### **3.2. Practice and analysis of high-level sports team management**

Sports college teaching quality management of the high level sports teams are more outstanding, in the changes of admissions policy at the present stage, sports college from the beginning of the class of 2016 students, enrollment principle from the original according to cultural and technical course two main line, to academic achievement standards in skill scores from high to low order acceptance, inevitably produce two teaching quality management problems. First, the students, to improve the quality of the whole body in a practical teaching is easy, but cultural understanding difficult course, directly affect the students' theory course teaching quality and one's deceased father grind. Second, high level skill talent is outstanding, the selection of high level sports teams race More intense competition, but the present stage management of high level sports teams without innovation, directly impact the existing physical education class teaching, three sports training in grade 2016 of special courses for 79, 2017 annual sports training in grade three special training class increased to 87, special class ratio is about 10% increase in exercise training, inevitably has the influence all aspects of teaching, there are many practical problems, to present the practice of the teaching quality of high level sports team management research is imperative. Should pay attention to sports college teaching quality and efficiency of the double abundant harvest, training high quality talents, cannot do without scientific and effective Teaching quality management practice research, the high level sports team management embodies the sports institute of sports special talents, but also embodies the teaching management of sports college level. In 2018, the next semester plus high level athletes who, nearly 140 people, because in the sports meeting held in the first half of 2019 is expected to increase to more than 200 people, one 5 of the total number of sports college. Through the discussion, the scientific management of high level sports teams must carry out the following points, first of all, each semester to determine the list of high level sports teams at the beginning of the term, and according to the school file execution process management and performance to confirm; Second, for the lower level games, not allowed to team and participate in the game, combined with the competition over the years should determine the training plan and objectives in advance, for the goal and reach the goal of the high-level sports team to reward and punish clearly; Thirdly, effective measures should be taken to encourage high-level athletes to take cultural courses to lay a foundation for their future internship and employment.

### **3.3. Organization and management practice and analysis of physical education college students' physical fitness test in the new plan**

Good physical quality is the foundation of contemporary college students' health study and life, and is also one of the essential elements of the comprehensive development. With the promulgation of the national standards for physical education class teaching, the reform of the 2016 edition of the talent training scheme, the latest edition of the sports college talent training scheme, joined the professional skills in the practice teaching system test this practice course, the purpose is physical test for three consecutive years, promote the development of the physical health of students, encourage students to exercise actively, improve the students' sports skill and physical quality.

Some university in grade one in 100 meters, long jump and shot put three tests of the project, 1 university grade two 00 m, long jump, shot put and 800 meters four project test. University of grade 3 to 100 meters, long jump, shot put, five projects, 800 meters and ball test. Last semester, 2018 sports institute organized this school year professional skill testing, the track and field teaching and research section is responsible for the arrangement, assisting learning GongBan and teaching subject, successfully completed the test work. Work college faculty and graduate students to actively participate in the test, the test involving sports institute a total of 560 students in grade 2016 and 2017. In 2018, the next semester, in view of the question mark college expert repeated discussion, and to determine the final Time of examination: students who still fail the make-up examination can only retake the exam. This test shows that students do not pay enough attention to the test items, and it is difficult to scientifically define the passing standards for students of different majors and special subjects.

### **3.4. Practice and analysis of practical link management in the new scheme**

Graduation practice, from the 2014 edition of the talent training scheme reflects the problem is that the practice is still three major primary and secondary school students practice the main way, non-normal professional training objectives of different causes students practice ability, is bound to cause practice school teaching level of sports education professional students decline. A new scheme of graduation internship, colleges should actively expand the student internship channels, combined with professional features, the appropriate student assignment in a line of sports teams, sports clubs, sports company departments such as internship, internship threshold, P.E. teachers and setting up the excellent intern assigned to the internship base of primary and secondary schools To practice, to set up the image of high quality high ability for students majoring in physical education. The new scheme to make some changes to your graduation thesis (design) and try to, for example, direction and management of professional writing social sports activities scheme design, sports training in combination with the competitions and special writing exercise training plan, physical education specialty in accordance with the requirements for graduation must write the graduation thesis.

## **4. New measures and practical effects of teaching quality management of physical education college of Inner Mongolia normal university**

### **4.1. Strict management of undergraduate student instructors**

Practice of undergraduate graduation thesis quality and teacher management, undergraduate tutorial system from start to now has many problems, such as the lack of process monitoring, mentor duties not clear, etc. According to the existing problems in a timely manner for the sports college tutor system rules, each semester for teachers shall not be less than twice the guidance, and guide the content of the records. In combination with the current media software is convenient, school also actively explore the use network process guidance and automatically archive.

### **4.2. Strengthen the professional skills competition for undergraduate students**

Sports college sports education professional students of physical education teaching ability is qualified physical education teachers should possess the basic qualities, in usually pay attention to students' physical education teaching ability, is good for students to adapt to the role of PE teachers in advance, to find their own skills, timely check 20, for education practice, teachers' job interview and laying a foundation for work in the sports education in the future. By the sports college teaching committee, 2015 physical education majors in 2018 held the first session of sports college students' teaching skills competition, 6 people won the first prize, second prize 8 people, the professional skills competition by alumni and practice base In order to normalize this work, it is decided that the physical education major students of the third year in the university must participate in this practical activity every year.

### **4.3. Establish the teaching committee of physical education institute**

Teaching management need should, in the collective wisdom and management experience, sports institute in order to better execute the 2016 version of the talent training scheme, solve new problems in the teaching management, set up sports college teaching committee. Determine the

solution have been executed between the old and need to implement new course credits mutual recognition problem, cannot fill mutual recognition of the new courses of the open questions, collect the new teachers and students in the talent training scheme execution feedback of other problems.

## **5. Increase the input in practice**

Practice, graduation practice is practice management lag, face-to-face intern teachers pay low. Colleges should actively reform, select the school teachers into the practice base for communication and study, understand the practice base needed for the quality of sports talents, ability and so on, makes the campus practice content and practice school requirements, so as to better service internship students, improve the quality of internship off. In addition, through the practice outside the discussion that sports college teachers still need to strengthen the management and organization, it is best to select excellent teachers to track interns internship of the college, guidance, summarizing, edge At the same time, it is necessary to improve the treatment of in-school and out-of-school internship instructors, so as to improve the enthusiasm of internship instructors.

## **4. Conclusion**

Carefully and practice, the new scheme as a whole is better than the old plan. How to make specific skill testing organization management more operational, effectiveness and continuity, high level sports team management and practice is always the bottleneck of sports college teaching quality management, practice and graduation thesis (design) work management and practice of planning ahead and standardize management is of great significance. The improvement of teaching quality and teaching quality management level has an important relationship, positive and effective to solve in the process of implementing the new scheme of teaching quality management problems, the experience method and measures is creative achievements. Explore new plan implement back Scene under the teaching quality management is of great significance, according to the specific problems during the implementation of new plan to develop practical measures, and in practice timely and inspection, the implementation of the cultivation of professional sports college students sports skills, the future will play a positive role in promoting employment and development, also provide a reference for other colleges teaching quality management and using for reference.

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